

# Mineral King Ranger Programs

July 17<sup>th</sup> - July 27<sup>th</sup>

National Park Service  
U.S. Department of the Interior

Sequoia and Kings Canyon  
National Parks



	Thurs.	Fri.	Sat.	Sun.
Hike to White Chief Mine	9:00 am			
What a Wild Walk		4:00 pm		
That There is a Brown Black Bear		8:00 pm		
Geology Walk 7/26/14			10:00 am	
Sol Sweet: Treasure Hunter 7/19/14 Universally Speaking 7/26/14			8:00 pm	
Yoga in the Woods				8:00 am
Tremendous Trees Tour				10:30 am
Grace Alles Historic Cabin				11am-3pm

## RANGER TALKS

### That There is a Brown Black Bear

The American Black Bear is the only species of bear that, today, lives in the wild of California. It just so happens that many of the Black Bears here don't have black fur. Stop by the campfire circle to enjoy stories, songs, and to learn what makes the American Black Bear such an iconic species of Sequoia and Kings Canyon.

*Mineral King Ranger Station Campfire Circle.  
(1 hour)*

### Sol Sweet: Treasure Hunter of the Sierra 7/19/14

Sol Sweet was an adventurer and treasure hunter in the Sierra Nevada. Join us at the campfire circle as he has come back from the past to share his explorations with us all.

*Mineral King Ranger Station Campfire Circle.  
(1 hour)*

### Universally Speaking 7/26/14

So much happening out there beyond Earth's atmosphere. Join us and share your voice while we discuss historic perspectives, current events, and speculate on universal possibilities.

*Mineral King Ranger Station Campfire Circle.  
(1 hour)*

## MORNING YOGA

### Sunday Morning Flow

After some amazing journeys into the wilderness, join ranger Joshua for an hour of rebuilding your body and focusing your mind. Bring some water, comfortable clothes, and a mat or towel if you choose, or just connect with the Earth during some yoga in the woods.

*Mineral King Ranger Station.  
(1 hour)*

All programs are free and open to the public.

## RANGER WALKS

### Hike to White Chief Mine

Breathe in fresh mountain air while hiking to the gloriously colorful White Chief Cirque. Precious silver was thought to be waiting here for energetic miners. Trace their footsteps to the mine while learning about Mineral King's mining era and geology. Bring plenty of water, lunch, rain jacket, hat, sunscreen, bug spray and sturdy shoes.

*Meet at Eagle/Mosquito Parking Lot  
(Strenuous Hike, 7 hours)*

### What a Wild Walk

Gooseberry, thimbleberry, and bears. Some flowers are just blooming and some are turning to fruit. Join a ranger and explore the flora and fauna found on the "Nature Trail" going east from the Cold Springs Campground.

*Cold Springs Nature Trail Head  
(1 hour)*

### Geology Walk 7/26/14

Join volunteer Michelle Johnson on a 100-million-year walk back in time down the Cold Springs Nature Trail. Michelle's studies include a bachelor's degree in anthropology and a master's degree in geology. Along the trail you will see evidence of avalanches, glaciers, and the metamorphic process. Your depth of knowledge will also be enhanced on the subjects of earthquakes and volcanoes.

*Cold Springs Nature Trail Head  
(1 hour)*

### Tremendous Trees, Invaluable Forests

Atwell Mill is the only campground in the parks where one can sleep under the largest trees in the world. Learn to identify the Giant Sequoia and its neighbors while discovering some of the history of the old mill.

*Atwell Mill Campground Entrance Sign.  
(30 minutes)*